This webinar, "How Athletes Can Minimize Risk in a Triathlon" will focus on programs and best practices to help athletes take greater responsibility to minimize risks during the race.

This webinar is the second in a series of webinars developed by the Global Triathlon Safety Task Force and hosted by World Triathlon to help triathletes have a more positive experience competing in the sport.

## Key areas to be included:

- Most frequent causes of problems for the athletes
- What triathletes can do to prepare and compete in a safer race
- The role race directors and organizers can play in executing a safe race
- What coaches and clubs can do to educate their members on safety
- The role National Federations have in spreading the word about safety in competition

## Panel Participants:

- Verity Miles, Age Group and Elite Multisport Manager, British Triathlon
- Dag Oliver, World Triathlon Technical Official, Past CEO of Norseman and past Secretary General of the Norwegian Triathlon Federation
- Doug Hiller, Past Medical Director for Ironman and Clinical Professor, Washington State University
- Johanne Suss-Burckel, Athletes' Services Manager, World Triathlon
- Beth Atnip, Vice President, Global Operations, Ironman Group
- Marilyn Chychota, Head Coach and Owner, Marilyn Chychota Coaching (MCC) and retired professional triathlete and road cyclist.

**Moderator:** Mike Wien, Vice President of USA Triathlon Board (Retired) and Chair of the Global Triathlon Safety Task Force Thanos Nikopoulos, Head of Operations, World Triathlon.