




WORLD
triathlon

WORLD TRIATHLON
DEVELOPMENT
WEBINARS

STARTING SOON

asics

triathlon
DEVELOPMENT

Brought to you by  TEXACO

Returning to events under the
"new normality":

Race Operations Provisions

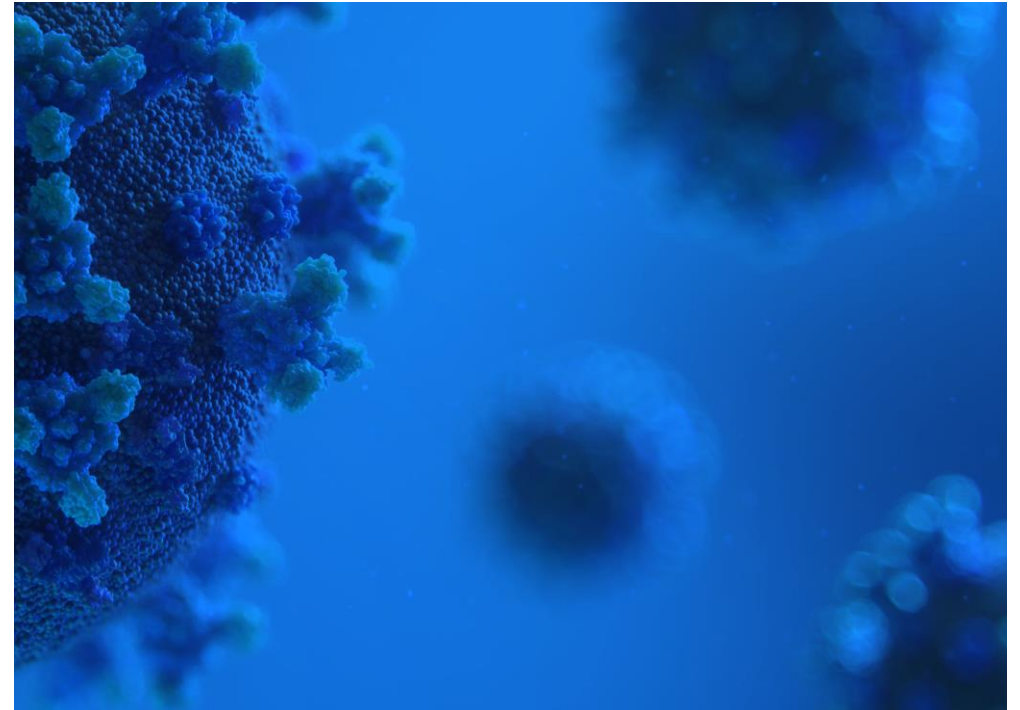
- Introduction

- Series of webinars

<https://education.triathlon.org/mod/page/view.php?id=6249>

- Housekeeping

- Q & A

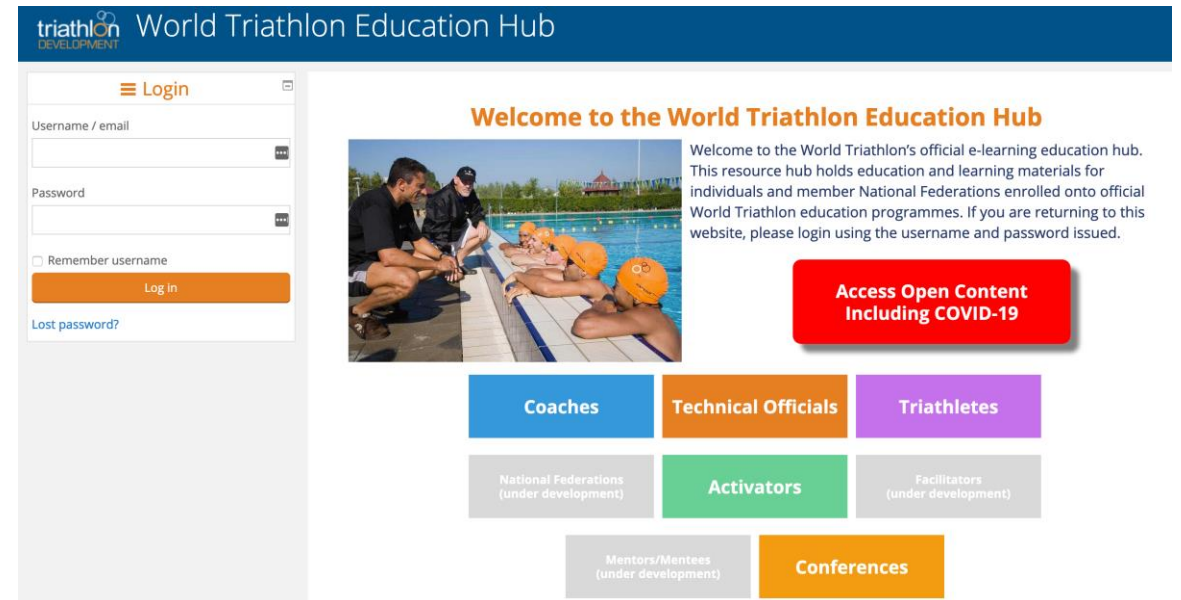


General

- World Triathlon COVID-19 Prevention guidelines for EO (June 2020 version/ EN-ESP)

<https://education.triathlon.org/mod/page/view.php?id=6145>

- Medical Task Force among endurance sports' IFs
- Instructions on the implementation of the guidelines through our development webinars.



World Triathlon Education Hub

triplon DEVELOPMENT

Login

Username / email

Password

Remember username

Log in

[Lost password?](#)

Welcome to the World Triathlon Education Hub

Welcome to the World Triathlon's official e-learning education hub. This resource hub holds education and learning materials for individuals and member National Federations enrolled onto official World Triathlon education programmes. If you are returning to this website, please login using the username and password issued.

Access Open Content Including COVID-19

Coaches

Technical Officials

Triathletes

National Federations (under development)

Activators

Facilitators (under development)

Mentors/Mentees (under development)

Conferences



The 5 pillars...

- social distancing
- reducing contact
- control/ screening of participants
- autonomy of the participants
- education

Impact on World Triathlon Calendar

- 190 events were scheduled from 2020.
- World Triathlon EB took decision to suspend events on March 16th
 - From these events:
 - 55% had to be cancelled (as of July 2020)
 - 26% had to be rescheduled on a different date in 2020



- Panel discussion

Event format

- The norm is to start with national/ local events with small field
- Explore the possibility of organising events under the time trial format, with semi final/final format or combination of both, for reducing the total number of athletes on the field of play at the same time.
- Only non-drafting events should be organized for the AG athletes.



Start

- All events with AG athletes implement a rolling start system in specific start waves with the provision of a waiting area for the athletes respecting the social distancing.
- The LOC should provide bins at the line up area for giving the possibility for the athletes to dispose of their face covering at the last moment.
- Athletes are advised to wear footwear and dispose of them at the garbage bins at the line up area.



Swim

- It may be that a significant number of athletes don't and/or didn't have access to swimming facilities prior to the competition. The LOC must perform a risk assessment of the swim course and determine the need or not of increasing the number of life saving personnel in the area.
- The LOC should avoid hosting events in areas where environmental challenges exist (strong tide or current, cold water temperature, high waves, etc)



- Panel discussion



Transition

- It is recommended that the organiser provides each athlete a minimum of 2m space in the transition and the distance between two rows of racks to be 5m or more apart.
- Alternating racking may be used.
- The use of bike catchers is no longer recommended in the middle/long distance events



Changing tents

- Due to the fact that inside the changing tents it is very difficult to respect social distancing, their use is not allowed. The athletes should be allowed to keep their equipment at their transition spot. Athletes must not expose their torso and nudity is strictly forbidden.
- Alternatively, the gear racks may be allowed if there is a run-through process in which there is enough space (open air space).



Bike

- For an event of more than 100 athletes, only non-drafting race format should be used.
- The LOC will provide the best possible athletes' distribution on the bike course.
- Technical officials on motorbikes must wear an open-face helmet with a mask.



- Panel discussion



Run

- It is recommended to create courses that are loops by avoiding out and back sections and with as few laps as possible.
- The athletes are recommended to avoid running directly behind another athlete at a distance less than 4m. If the distance is less, it is recommended to be either at a 45-degree angle or alongside the other athlete and avoid facing each other.



Aid stations

- The aid stations on the bike course should be operated according to the existing plans with the provision of additional volunteers.
- All aid stations on the run course must operate on a self-servicing base (except in the case of the Elite/U23/Junior and Paratriathlon World Triathlon events).
- A different team of volunteers must be allocated serving the athletes and a different team for collecting the used bottles/equipment.
- All volunteers are strongly recommended to wear masks/mouth-nose face covering.
- The length of the aid station must be increased from what was originally recommended.

Aid stations

- For standard-distance events and shorter, only water should be provided
- For any other distance, only food in packaging should be provided. The food management should follow the hygiene provisions set by the local health authorities.
- An athlete should not be in position to touch anything else on the aid station serving table than that he/she has selected.
- An LOC may consider providing additional coaches' areas on the bike and run course from where the coaches can serve their athletes their own nutrition.
- Proper food hygiene practices for catering purposes for athletes must be followed, including [The Five Keys for Food Safety](https://www.who.int/foodsafety/publications/5keysmanual/en/) (available at: <https://www.who.int/foodsafety/publications/5keysmanual/en/>).

Finish area

- High risk area
- Finish lanes
- Post finish area layout
- Finishing athletes' management
- Cold water tubs usage
- Food hygiene





- Panel discussion

Q & A



Date	Time CEST	Topic	Language	Panel
05 August 2020	4:00:00 PM	Part 4: Returning to events under the "new normality": Race Operation Provisions	Spanish	Enrique Quesada, Felix Molina, Miguel Alejandro Fernandez Vazquez


- **2nd group of 4 part - webinars to be introduced end of August focusing on Paratriathlon, TOs' conduct, Race/ Crisis Communication and Media & TV Operations.**

WORLD
triathlon

Thank you

asics

triathlon
DEVELOPMENT

Brought to you by  TEXACO